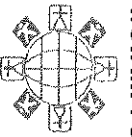


Total Accrued



I.C.R.I. Family Day Care Support Network

8750 Mountain Blvd, Bldg 69B
Oakland, CA 94605
Phone (510) 686-2103
Fax: (510) 686-2108

CHILD CARE FOOD PROGRAM

Provider

INFANT

Month

Birth - 7 months meal requirement

is 4 - 6 oz. of infant formula¹ or
breastmilk only.⁵

DAY & DATE

MENU & MEAL COMPONENT FORM

PARENT'S SIGNATURE

MY SIGNATURE VERIFIES MY

CHILD'S ATTENDANCE FOR THIS MONTH

8 months through 11 months

BREAKFAST

4-8 oz. formula¹ or breast milk

2-4 Tbsp. Infant cereal²

1-4 Tbsp. fruit or vegetable

MORNING SNACK

2-4 oz. formula¹, breast milk or juice⁴

Bread or crackers (optional)

LUNCH

6-8 oz. formula¹, breast

1-4 Tbsp fruit and/or vegetable

2-4 Tbsp Infant cereal² or

1-4 Tbsp. meat or alternate³

AFTERNOON SNACK

2-4 oz. formula¹, breast milk or juice⁴

Bread or crackers (optional)

DINNER

6-8 oz. formula¹, or breast milk

1-4 Tbsp. fruit and/or vegetable

2-4 Tbsp. Infant cereal² or

1-4 Tbsp. meat or alternate³

LATE NIGHT SNACK

2-4 oz. formula¹, breast milk, or juice⁴

Bread or crackers (optional)

¹Iron-fortified infant formula

²Iron-fortified dry infant cereal

³Meat alternatives include: Meat, fish poultry, egg yolk, or cooked dry beans, or 1/2 to 2 oz. cheese, or 1 to 4 oz. cottage cheese

⁴100 percent fruit juice only

⁵Birth through 7 months of age, solid foods are optional, and should be introduced only when the infant is developmentally ready. Solid foods should be introduced one at a time on a gradual basis. Consult with the parent when making decisions to introduce solid foods.

Only Iron-fortified infant formula or whole milk is allowed in the infant meal pattern. Exception: Breast milk may be served infants, but the meal is not reimbursable unless other food items are supplied by the day care provider. This applies only to infants in the age category of 8 through 11 months.

Cottage cheese and cheese products provide very little iron, and should be served at meals only when iron-fortified infant formula is also provided.

Juice is an optional item and should not be offered to infants until they are ready to drink from a cup.